Alex Smith - Valvular Heart Disease

Overview: Alex Smith, a 55-year-old architect, has been diagnosed with valvular heart disease, a condition affecting the proper functioning of the heart valves.

Alex Smith - Symptoms:

1. Chest pain or discomfort.
2. Irregular heartbeats.
3. Fatigue, especially during physical exertion.

Alex Smith - Diagnosis: Alex's valvular heart disease was diagnosed through a combination of echocardiograms, electrocardiograms, and clinical examinations.

Alex Smith - Treatment: Medications: Prescribed medications to manage symptoms and prevent complications. Possibly underwent valve repair or replacement surgery, depending on the severity of the valve disease. Regular follow-up with a cardiologist for monitoring and adjustments to the treatment plan.